

# Drop-in Opportunities

*September - December*



## Active Family Play

The Active Family Play program is a gross motor, parent-led program for families and caregivers with children 0 - 5 years. Join us for movement and free play opportunities with preschool aged equipment and toys. **Parent/caregiver must attend.**

**Mondays, September 30 - December 9**

**10:00 - 11:30 a.m.**

Elevation Place | Room 209B

**Fridays, October 4 - December 13**

**10:00 - 11:30 a.m.**

Canmore Recreation Centre | Room 115

**Tuesdays, October 1 - December 10**

**3:30 - 5:30 p.m.**

Exshaw School Gym

(No programming on Stat Holidays)

## Let's get Active

Drop-in to the Banff Parent Link Centre for some active play in our big gross motor room! Join other families for a busy morning filled with lots of movement and free play opportunities.

**Tuesdays, September 3 - December 10**

**10:00 - 11:30 a.m.**

Bow Valley Parent Link | Banff

## Baby Happy Hour

Drop-in on the first Friday of the month to Bow Valley Parent Link in Canmore for an informal social gathering with your baby. Ages 0 - 18 months. Bring your own baby and nut free snack!

**Fridays, September 6, October 4,**

**November 1 & December 6**

**9:30 - 11:30 a.m.**

Bow Valley Parent Link | Canmore

All drop-in opportunities and program updates can be found online at: [www.canmore.ca/bvpl-dropin](http://www.canmore.ca/bvpl-dropin)

